



December 2023

TRI-WEST MIDDLE SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY OFFERINGS:

- PIZZA: CHEESE OR PEPPERONI
- TORTILLA: Nachos/Tacos
- DELI: Turkey or Ham Subs, PBJ uncrustables, Pizza packs, Muffin & yogurt packs, Daily salad

Daily Grill:

Cheeseburger,
Chicken Patty
Sandwich or Spicy
Chicken Sandwich

DAILY ROTATION

ROTATING FRUITS &
JUICES, VEGETABLES,
1% & FLAVORED MILKS

Main Entree: Mac & Cheese w/ Buffalo, Popcorn Chicken & Roll
Special Grill: Breaded Fish Melt
Salad: Romaine Cheese Salad w/ Roll
Veg: Rainbow Blend Veggies, Baby Carrots
Fruit: Strawberries, Applesauce

Main Entree: Sloppy Joe
Special Grill: Chicken Nuggets w/ Goldfish
Salad: Ham Pizza Salad w/ Roll
Veg: Peas & Carrots, Cucumber
Fruit: Pears, Orange

LTO: Hot Honey Chicken Biscuit Tostada
Special Grill: BBQ Pulled Pork Sandwich
Salad: Ham Pizza Salad w/ Roll
Veg: Corn, Celery Sticks
Fruit: Banana, Pear

Main Entree: Cheesy Scrambled Eggs & Pancake Bites
Special Grill: Buffalo Chicken Sandwich
Salad: Ham Pizza Salad w/ Roll
Veg: Tater Tots, Celery Sticks
Fruit: Peaches, Banana

Main Entree: Jambalaya
Special Grill: Manager's Choice
Salad: Ham Pizza Salad w/ Roll
Veg: Steamed Carrots, Edamame
Fruit: Applesauce, Strawberries

Main Entree: Chicken Penne Alfredo w/ Breadstick
Special Grill: Chicken Fried Steak Sandwich
Salad: Ham Pizza Salad w/ Roll
Veg: Steamed Broccoli, Side Salad
Fruit: Pineapple, Apple Slices

Main Entree: SONIC BASKET: Chicken Tenders, Fries, Country Gravy, and Toast
Special Grill: Bosco Sticks
Salad: HAM CHEF SALAD W/ ROLL
Veg: Steamed Broccoli, Baby Carrots
Fruit: Pears, Orange

Main Entree: Manager's Choice
Special Grill: Corn Dog
Salad: HAM CHEF SALAD W/ ROLL
Veg: Steamed Carrots, Fresh Broccoli
Fruit: Apple slices, Mixed Fruit

Main Entree: Manhattan: Pulled Pork, Mashed Potatoes, Brown Gravy, and Dinner Roll
Special Grill: Hot Dog
Salad: HAM CHEF SALAD W/ ROLL
Veg: Baked Beans, Fresh Cauliflower
Fruit: Banana, Applesauce

CHRISTMAS LUNCH
Entrée: Chicken Drumstick w/ Biscuit
Veg: Green Beans, Mashed Potatoes & Brown Gravy
Fruit: Peaches, Mixed Fruit
DESSERT: Vanilla or Chocolate Ice Cream Cup

Manager's Choice
Veg: Corn, Baby Carrots
Fruit: Strawberries, Applesauce

CHRISTMAS BREAK

We'll see you next year!